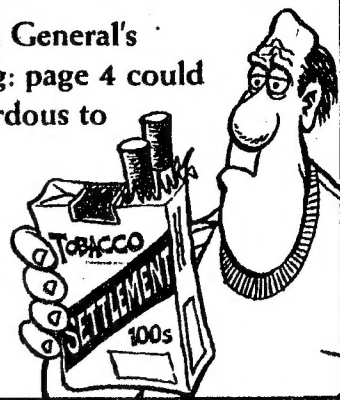


# The Gateway

The University of Nebraska at Omaha's Student Newspaper

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Tuesday, July 22, 1997

Volume 96, No. 67

## Hey, I Can See... Everything from Up Here



George Castillo, a Grace University student, prepares to repel off a the top of the Nautilus - a rock structure in Wyoming. Rod Ekstrom of UNO's Outdoor Venture Center watches Castillo's safety lines.

## ILUNO Celebrates 20 Years of English Instruction at UNO

by Jim Rejda

"I have been here for five months and I am studying English," said Colombian international student Magarita Alvarez, who is studying with the Intensive Language Program at UNO (ILUNO). "I have studied English in Colombia and Manchester, England. It is very difficult, maybe one of the more difficult languages. We need to study very hard and I think the ILUNO program is good."

The ILUNO program is the largest post secondary language program in Nebraska. The program will celebrate its 20th anniversary this September and currently has 176 students from 21 countries.

"I need English," said Korean student Ji Yang Kim. "In my country we need English

see ILUNO, page 3

## Kemp to Apply His Mark to Mav Hockey

by Tamra Willett-Johnson

Twenty-two years after coaching UNO club hockey, Mike Kemp returned as head coach of the new Maverick hockey team last June. Kemp said he is very excited to be on the ground floor of creating a new organization.

"I have the unique opportunity to put together a program from scratch," Kemp said. "The design of the locker rooms, uniforms, the formation of a team — my signature will be on all of this."

After 14 years as assistant hockey coach for the University of Wisconsin at Madison, Kemp said the decision to leave was easy. "My goal has always been to be the head coach of a Division I team," he said. "It was hard leaving everything that was familiar in Wisconsin, but it was worthwhile."

He said he is glad he waited those years before taking a head coach position. "I'm a patient man and I knew if I would've been a head coach after only four or five years I would not be as prepared as I am now."

In designing the team, Kemp said his style is to have a solid defense. "We don't want to give a lot of space to the other team, we don't want to give up rebounds," he said. "It's not a brawling style, but we will counterattack. We will give fans an exciting offense style."

Kemp said he recruited players who are fast and strong and have the abilities to play Division I hockey. "Our game will be up and down [the ice], and played offensively with finesse and speed," he said.

There are no Nebraska natives on the team and most of the players are from Canada. The players were recruited last year by Kemp and his assistant coach, David Quinn. All players had to be enrolled in UNO for a year to be eligible to play. Kemp said there are five juniors and eight sophomores on the team, and the rest are freshmen. Kemp said he has hired a second assistant coach, Steve Rohlick, who will do the recruiting for next season.

It wasn't hard to find players from Swe-

den, Finland and Canada willing to come to Omaha, Kemp said. "They've dreamed of playing in Division I," he said. "Plus, this is an extremely unusual situation: They will be pioneers in a hockey program."

The players will face the longest season of any sport, with off-ice conditioning starting Aug. 20 and team practice with coaches beginning Sept. 29. Games will be played almost every Friday and Saturday from Oct. 17 through Mar. 7. To keep the players in top form, Kemp said they will work-out and practice four to five hours a day, on top of carrying at least 12 credit hours.

Kemp said he is not only interested in how

see KEMP, page 2



--Mike Kemp

## Belck Appointed by Smith; Starts Work Sept. 1

by Stephen Croucher

At a press conference Wednesday afternoon, University of Nebraska President L. Dennis Smith officially announced the appointment of Nancy Belck to the position of Chancellor of UNO. She will formally begin her new job Sept. 1.

"Nancy Belck has received strong support from people who met her during her recent visit, both within the university community and among leaders in Omaha," Smith said. "She is an excellent match with the campus and the community. She can not replace the legacy of Del Weber, but I believe she will make her own legacy here at UNO."

Belck is currently the chancellor at Southern Illinois University at Edwardsville, a metropolitan campus like UNO. Belck said she twice turned down the search committee hired by UNO to find a new chancellor before mentors told her she would fit in here perfectly. "I am honored and privileged to be your new chancellor," Belck said.

During the press conference Belck outlined the main challenges she will face as the new chancellor. "First, I need to learn the environment or ethos of the campus and community," Belck said. "Then I will focus on marketing the university to the community."

When asked if she saw unhealthy competition between UNO and UNL Belck said, "I don't really see Lincoln and Omaha as competitive. Our missions are different, not unlike Illinois University at Carbondale and Edwardsville. There is creative tension though when you have different universities within a multi-campus system. You have to show good cooperation."

Belck said there is a need for UNO and UNL to work together toward increased doctoral programs. "We can build on some of

see Belck, page 3

### Correction from July 15

Due to an error, several lines were missing from the July 15 Gateway article, "Belck Named New Chancellor."

The correction is printed below, beginning with a comment from University President L. Dennis Smith about incoming chancellor Nancy Belck.

"I'm confident she will provide the kind of leadership that will help UNO become one of the premier metropolitan institutions in America."

"I am just delighted," Belck said referring to her appointment. "When I was there before, it just seemed like such a good match between UNO and my kind of experiences."

## Campus Update

• The search for a new director of UNO's Child Care Center continues. The position opened when the previous director, Ellen Freeman-Wakefield left to become executive director for Children's Hospital daycare centers.

• Lois Nattrass, clerical assistant II, was selected as employee of the month for July. Nattrass works in UNO's Office of Financial Aid and has been with UNO for 11 years.

• The Student Senate met Thursday, but did not have enough members for a quorum. While no issues were decided upon, the attending senators did discuss an action plan for developing a stronger presence on campus.

• David Castilow, director of business service, said the student housing project will not be brought before the University of Nebraska Board of Regents until October at the earliest. He said the Housing Committee made this decision in order to give the new chancellor time to be well briefed on the issue. Castilow said the Housing Committee also needs more time to further research possible vendors for the project.

# Skrupa Enjoys Great Time as Regent

The following is third in a series of stories focusing on the University of Nebraska Board of Regents.

by Harry Mulligan

"It's a great time to be a regent," said Board of Regents member Rosemary Skrupa. She singled out the innovations taking place in education as her main reason for enthusiasm.

"Education used to be a very static type of thing," Skrupa said. "But the many new technologies, which apply to so many areas of education, right down to the libraries, are fascinating."

While she, like others on the board, see their role as policy managers, not micro-managers of operation, Skrupa said she is energized by the ability to help direct the University of Nebraska (NU) during a time of such change.

From the coming school of Science Information and Technology, to new agricultural products, Skrupa said she views NU's campuses being very competitive in bringing quality higher education to Nebraskans and helping stem the outflow of talented students.

Keeping pace with the changes in technology is very costly, Skrupa said, adding she thinks NU is doing the best they can within the means allotted to them.

Skrupa hopes as NU makes progress in helping expand the possibilities for education and employment-helping to keep talented

Nebraska, aid is all right if it is accompanied by certification showing the student has been properly prepared to enter a university.

She is also concerned where extra funding for the proposed increase will come from. "It's going to come out of somebody's hide," Skrupa said. "If it's not the taxpayer's, it's going to be tuition rates."

Skrupa cites the large debt many students accrue getting their education as her main reason for wanting to keep the tuition rate as low as possible.

Skrupa said the idea of a better prepared student entering NU is of particular interest to her. "We [NU] are still doing remedial work," Skrupa said. "I would like to see school districts do a better job preparing students to handle college and do more to counsel students on what they will need to be successful at the university."

She is pleased the regents instituted increases in some of the basic math, English and foreign

language requirements, which she said will foster increased preparation before students leave high school.

Quality education is Skrupa's stated goal and she will be looking toward UNO's new chancellor to set the tone for this pursuit of quality on Omaha's campus.

Skrupa said there are still some who perceive a degree from UNO as worth less than one from another campus, but foresees UNO continuing to change that perception. Skrupa said increases in Ph.D. programs, greater involvement in fine arts and business, and continued recruitment of quality personnel will be part of UNO's future.

A public and parochial school teacher before attending Creighton law school, Skrupa said she believes education should try to inspire students daily. "Every day you should come away with one good thought or feeling and figure 'it was worth my tuition today,'" Skrupa said.

Skrupa is an attorney in Omaha and has been a regent for nine years. She can be reached at 1818 South 72 Street, Omaha, NE 68124; 402-393-1234.

*"We also have to expand the minds of the students. They can have all the riches in the world, but if they don't have any riches of the mind then we've failed in the upper educational process."*

Rosemary Skrupa  
NU Regent

people in state-the legislature will take note and help with better funding. "We have to prove to them [legislators] that it's paying off," Skrupa said.

Speaking of higher education as the gateway to getting ahead, Skrupa said Nebraska needs to keep the system from becoming a trade school that teaches only what will earn students a living. "We also have to expand the minds of the students," Skrupa said. "They can have all the riches in the world, but if they don't have any riches of the mind then we've failed in the upper educational process."

Skrupa said she is skeptical of making education more available to students who have trouble affording it by such means as Regent Charles Hassebrooks' proposed increase in need-based aid.

She said definitive guidelines need to be made regarding the need-based program. The guidelines should closely define financial qualifications and the student must still qualify academically Skrupa said.

Skrupa said given the quality of student preparation by some of the school districts in

## Kemp Applies Mark to Mavs

from page 1

well the players perform on the ice. He will spend a lot of time helping them cope with the stress. "I will be a stand-in parent," he said. "They will be dealing with the pressure of being a celebrity, the emotional issues of being in college, in a new town, and having new freedom. They also have to deal with not living up to their expectations."

To help them manage, Kemp said he has set up daily seminars where speakers will teach players about topics such as date rape, drug and alcohol abuse, nutrition, and dealing with the media. "One goal of the seminars is to educate the kids," he said. "The other is to bring the team closer together."

Kemp said he enjoys interacting with student athletes. "I will know each player very personally and my door is always open to them," he said. "Their issues and needs come before everything else."

The major focus of the Mavericks' first season, according to Kemp, is to create a framework. "I don't know how well the team will perform as a unit or know how they will adjust to playing on this level. It's a crap shoot," he said. "What I do know is that from day one to the end of the season the team will improve and build a foundation for the future."

Kemp doesn't see the Mavericks as being in competition with Husker football. "We will have our niche," he said. "We have 20,000 hard-core fans and they have their group of fans. We will coexist, not compete."

Kemp said he is not surprised by the enthusiastic response UNO hockey has received from the community. "Hockey is growing everywhere," he said. "The state with the most professional hockey teams right now is Florida." He attributes the interest in hockey to the game itself. "People enjoy fast-paced action. The game has excitement, grace, skill, speed and violence and the crowds create a festival atmosphere."

Kemp also attributes the community interest in Maverick hockey to the long-standing hockey tradition in Omaha. Except for a

three year break because of World War II, eight years in the 1950's and the eleven years before the Omaha Lancers were formed, hockey has been a part of Omaha since the Knights first played in 1939. According to the UNO hockey media guide, support for UNO hockey was demonstrated last May when, in a matter of fifteen days, 6,389 season tickets were sold — 18 months before the first game.

While acknowledging he will be the focus of much media and public attention, Kemp said it will not bother him. "I had the chance to watch the head coach in Wisconsin deal with it for 14 years," he said. "I'm prepared for it."

Kemp said he has never desired to coach professional hockey. "I like to deal with the young athletes. The professionals play for money. The students focus on the game."

As well as coaching, recruiting, finding housing, helping with class schedules and getting to know the athletes, Kemp said he spends a lot of time in meetings, some with the Maverick Blue Line Club, the boosters for the team. "My wife would say I'm a workaholic," Kemp said. "I wouldn't do it if I didn't like it. While I don't relish the time commitment my job requires, because my family comes first, I do love the game."

Kemp and his wife Julie have two daughters, Emily 10 and Sarah 7. While he plays one-on-one hockey with them, Kemp said he does not encourage them to pursue the game. "I don't want them to have to live in my shadow since I am going to be one of the foremost figures of the game," Kemp said. "I wouldn't want them to get teased because their dad is the coach." Kemp said he encourages them to play other sports and that Emily enjoys soccer and Sarah does gymnastics.

The public can meet the players at a fundraiser being held at the Quarry Oaks golf course Aug. 22. Open tryouts for the team will be held this fall and are open to anyone meeting NCAA requirements.



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## Iluno Celebrates 20 Years at UNO

from page 1

to get a job."

"It is a privilege for us to serve the international community," said Assistant Director of International Programs, Ann Ludwig. "It

students and I hope that I never stop learning," he said. "I love meeting these people from other countries and sometimes we have such great discussions in class that I really

learn something. Overall, the program is bringing internationalism to Omaha."

ILUNO classes are run in eight-week cycles. There are classes five days a week and there are different levels. The students are assessed on their listening, grammar and writing skills and then placed

in the appropriate class. The classes, which are 21-26 hours a week, provide training in conversation, listening, comprehension, vocabulary, grammar and writing. In addition, the students have computer classes, library skills workshops and a language lab.

"Hopefully the classes will improve the student's English skills. But to me, learning English is only one part of the puzzle," McGuire said. "They get the experience of living in an American city and also experiencing life in the Midwest. This is really different for many of them as some of them come from huge metropolitan cities like Tokyo, Japan and Seoul, Korea."

In addition to ILUNO there are two other programs in the International Studies and Program Department according to Judith Brodnick, a project assistant. The Japanese Studies Exchange Program/Ueno College Program is a special exchange program with students from Ueno College in Japan and the International Professional Development (IPD) program teaches students ESL in a business like setting Brodnick said.

There are three summer programs helping ESL students Brodnick said. One program is made up of students from Hiroshima College, another contains Austrian students and the third program has students from Omaha's sister city in Shizuoka, Japan.

Brodnick said she hosted an international student and loved the experience. "The students really appreciate what you do for them," he said. "And they learn so much by staying with you."

Brodnick said there is a need for host families this fall. Those interested contact the International Programs Office at 554-2293.

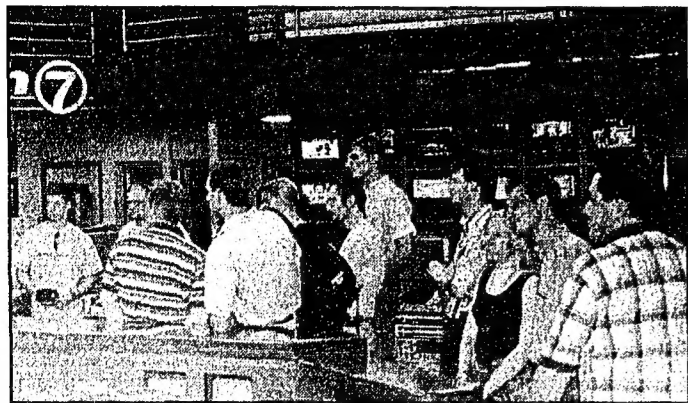


photo by Chad Greene

Thirteen Austrian college students are in Omaha for five weeks this summer to study English and get a feel for the U.S.

is not only a chance for us to learn, but a chance to make a difference."

A group of ILUNO students waiting for a class to begin in Arts and Sciences Hall talked about the difficulty involved in studying English in America. "After I came here, everything is difficult for me. Life is difficult," Kim said. Alvarez agreed. "Making American friends is hard to do and so is the transportation."

According to English as a Second Language Program (ESL) Specialist, Erin McGuire, the transition into the community can be easier if the students have a host family. McGuire said there is an advisor who works with host families and most of the time those who request a host family will get one. "To me that's a real plus," McGuire said. "If they can experience living with a host family, that is the best way to really learn the culture. I really want them to learn about American culture and living with a host family is the best way."

The ILUNO program can serve as a first step for international students who want to study at American universities. McGuire said most of the international students arrive with student visas which enable them to enroll at the university after completing their language studies.

McGuire also mentioned the learning potential for Americans who are involved with international students. "I have been teaching for 10 years and I continue to learn from my

## Belck Starts Work Sept. 1

from page 1

the strengths that Lincoln has," Belck said. "That's what we've been doing where I am now, with Carbondale."

On the UNO dorm issue, Belck said, "The UNO dorms will be attractive to international students and perhaps to students from outside the Omaha area." She said she does not believe the new UNO dorms will affect Lincoln's enrollment.

Turning attention to the 7 percent minority retention rate at UNO, Belck said metropolitan universities always have lower minority retention rates. "The key to increasing this rate is the assistance we can give minorities on campus," Belck said. "Mentoring programs, residence halls, department based programs and tests to find out what assistance students need will help increase minority retention at UNO."

Belck also addressed concerns that she was only going to remain at UNO for a few years. "I'm tired of moving," Belck said. "My husband Jack also said he's only going to buy one last home. Unfortunately nothing is forever." She added she couldn't stay as long as Del Weber as that would make her too old. "But I think I've found the perfect match."

Belck is the first female chancellor at UNO. "Long ago I quit worrying about gender issues," Belck said. "After you get used to working in an environment, gender is just not an issue." However she said she is sensitive to gender issues in education. "When you've had under representation, whether it

be ethnicity or whether it be in gender, I think we need to be conscious in hiring and in how we mentor people," Belck said.

Belck said after she is settled in, she will have an open door policy though students will have to make an appointment due to her



photo by Chad Greene

UNO's new chancellor, Nancy Belck, gets an introduction to Mav spirit.

schedule. Walking appointments are one way she plans to get acquainted with UNO.

She said students and faculty are welcomed to meet with her and discuss issues on their minds. Belck said to not expect an immediate decision. "Only three times has someone tried to push me into making a quick decision. I like to think about my decisions a little bit longer."

After the conference, Belck remained and answered individual questions from faculty, students and members of the community.

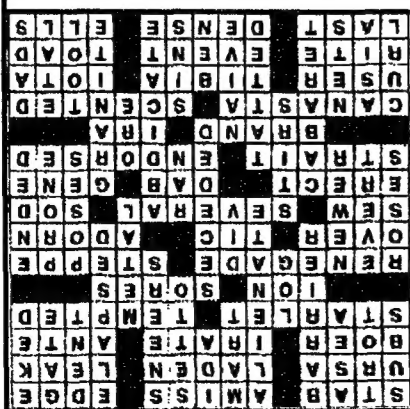
### Catchin' Air



photo by Shawn Sandrik

R. J. Frost turns the square near the bell tower into a skating park Friday.

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# Gateway Opinion

## To Russia, with no love

Welcome to Russia, the bastard, stepchild of the world stage. Ah, but it wasn't always this way for the world's largest (by land area) country. Not long ago Russia was the communist bully to whom we whispered under our collective breath, "Oh, yeah, maybe WE will bury YOU."

And, lo and behold, we did. By challenging the former Soviet "Evil" Empire into an arms race we tricked their military into writing checks that their pallid economy could not cash and quicker than you could say "glasnost" the commies were out on their ear and real elections were taking place in Russia and other former Soviet republics such as Ukraine, Belarus and all the little 'Zikistans.

But the times, they are a-changin'. Now that Russia has been whipped

we no longer seem to see the need to whisper our threats to the once-mighty power. Need some examples? Well, how about these.

Lately NATO has been adding new members which used to be part of the old soviet-run Warsaw Pact.



Column by  
Brian Todd

Russia, until this year when it was given a bone from the banquet table, has had the door slammed in its face at the G-7 meetings.

And, last but not least, the U.S. Senate has decided to tell Russian President Boris Yeltsin which laws handed to him by his parliament he can and cannot sign.

Here's the deal, in an unprecedented move our Senate has decided that a bill on religious freedom, if signed by Yeltsin, would limit the civil liberties of the Russian people. Therefore our Senate has passed a resolution stating that if Yeltsin signs the bill into law we will withhold an aid package meant for our new, post-communist friends.

The Russian bill in question would not outlaw religions as a whole in Russia, but would merely restrict freedom of religion to already established religions -- such as the Russian Orthodox Church and Judaism -- in the country.

So, what is the big deal? Well, first of all this bill was passed by the duly elected Duma of Russia. Since when is it our business to tell a democratically elected government how to do its business? Second, They are not outlawing religion as a whole, just certain sects which they feel will have a destabilizing effect on their culture. And third, since when are we so concerned about religious freedoms and human rights in other nations.

After all, isn't this the same U.S. government which let Most-Favored-Nation trade status pass along to China again without so much as an "oh, by the way..." to Beijing, but seems to think it can bully the old bully on every issue.

One wonders why Boris Yeltsin takes this abuse. Doesn't his country have a huge market we can exploit? Doesn't Russia have trained workers who can cheaply mass produce anything from radios to computer chips? Aren't the Russia people our friends now?

Sure, but as I learned at a very early age, if you get the bully down on the ground don't stop kicking until you've won the fight. Perhaps, though, we've kicked this bully enough and need to turn our boot on the ruffian to the southeast of our new friends in Moscow.

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## See you at the bastille?

opinion by Ron A. Larson

I confess. Prior to taking World Civ II, I didn't know much about the French or their history. Sure, I knew they invented kissing, fries, and snooty-sounding wines, but other than that? Happily, a semester-long ride on the World Civ Time Machine alleviated my ignorance.

It seems they also cleverly invented the French Revolution. And, interestingly enough, the conditions that ignited that revolution closely parallel conditions in America at this time. Six key problems led to the French Revolution as follows:

1) A decline in the quality of kingship.

Translating "kingship" in terms of presidential-timber, it seems we've a problem. How do Ronnie, Georgie, and Bubba stack up?

Reagan, a grade-B movie actor, enjoyed a reputation as the "Great Communicator" (though sans three-by-five cards or Teleprompters, he was lost). Amazingly, many considered it a revelation when his handlers finally "revealed" his Alzheimer's. Yeah, he'd only suffered from it since 1980 or so.

George Herbert Walker Bush had a reputation as a blue-blooded wimp. Until, that is, he stood firm for (chuckle) "democracy" in Kuwait. Never mind that Kuwait is a democracy like Saudia Arabia is — it ain't. Georgie stood firm for big oil interests.

And now we come to Bubba Bill. I can't decide if he suffers from a congenital lack of spine or had it removed as a nuisance some time before firing Surgeon General Jocelyn Elders. You remember her. She had the honesty to suggest that teaching about (gasp!) masturbation should be part of sex education. (A subject covered for at least the past 25 years, if my junior high experience is indicative: "It ain't funny, fellas," Mr. Allen, the gym teacher, dead-panned while we giggled through the 8mm "Health" film.)

Yes, indeed. The quality of our "kingship" has plummeted.

2) Grievances between the various estates. (Estates meaning, roughly, "social classes.")

Without going into detail, pre-revolutionary France was divided

into three distinct castes: clergy, nobility, and commoners. Friction between the groups centered upon a tax burden unfairly borne by the lower classes. The higher classes almost entirely escaped taxes, owned a disproportionate share of the land, controlled the courts, and enjoyed special privileges that exempted them from the punishments meted out to Jacques Q. Publique.

The similarities here are obvious, but let's pummel this dead horse for a just minute. The gap in America between the upper class and the middle and lower classes grows ever wider. The rich have the financial wherewithal to largely escape heavy taxes, while the middle and lower classes bear the elephantine bulk of the burden.

The rules are different for the upper class. O.J. walked precisely because he had the money to afford the best lawyers. Former Wall Street wunderkind Michael Milken, with a pen, looted trainloads of money from thousands of Americans. Did a couple of years in Club Fed. He now teaches, speechifies, and appears in advertisements.

If you rob a 7-11, using a weapon, of \$6.37 worth of beans-n-weenies you could do more real prison time than Milken. And your prospects, thereafter, would be anorexic.

3) Lack of a national representative body to air grievances.

The French had the Estates General, roughly equivalent to Britain's Parliament. By the time of the French Revolution it hadn't met for over 150 years. This may well have been a blessing. At least the Estates General could do no harm. We, of course, have Congress, which meets maybe 180 days a year so as not to disrupt fundraising, fact-finding junkets to Tahiti, or lobbyist's schedules.

Purportedly Congress works for the people. In reality, members are whores to special interests (my apologies to hardworking prostitutes everywhere for the comparison). Most Americans don't even bother to vote because they see Congress as indifferent and unresponsive. Hence a 50% voting turnout

is considered noteworthy. The American middle and lower classes, in effect, lack a national representative body.

4) The French government suffered severe financial difficulties.

A huge war debt, the support of colonies, the extravagant cost of maintaining the military establishment, and revenues that consistently failed to meet expenditures combined to strangle the French government. Sound familiar?

We're still paying interest on monies borrowed to help finance Viet Nam and every conflict since. We pour billions into client states (like Israel and Japan). We spend about \$262 billion annually on defense (around 37 percent of the world total). Finally, the government hemorrhages red ink, consistently running up deficits above \$100 billion per year to add to the 5-trillion-dollar national debt. And, like pre-revolutionary France, we have a corrupt and inefficient tax system riddled with excessive exemptions for the upper classes.

5) Reforms failed.

In France, reforms were attempted but blocked by the upper classes, who had a vested financial interest in preserving the status quo. Ring another bell?

In America, a few prescient politicians attempt reforms, only to be pounded into quiescence by the plurality of elected whores and the business pimps who control them. Substantive changes are killed on committee room floors. Meanwhile social fascists deflect attention from real problems to their own neurotic obsessions with others' sex lives.

6) Economic Depression

In France, the powder keg exploded with the onset of a serious economic downturn. America has experienced such depressions on a cyclical basis since its inception. It will happen again as surely as presidential candidates spew bog gas.

So what does this all mean? Are we doomed to suffer the sort of convulsive revolution that wracked France during the latter 18th and early 19th centuries? Must history

see LARSON, page 5



# Self-Hypnosis Great for Relaxation

By Linda Black

When waking up, watching TV, or enduring a three hour summer night class, UNO students go through many stages of hypnosis daily. This fact is probably the hardest thing for people to understand said Aubrey Nye, a certified hypnotherapist who has taught self-hypnosis workshops at Metro Community College and Iowa Western Community College for eight years. It's also a helpful tool in her private practice.

Omaha and the midwest are usually around 20 years behind the rest of the country, Nye said. However, the idea of hypnosis has lost some of its mystery, and people are beginning to accept it since it is being used more in medical and psychiatric fields.

Hypnosis, which means sleep, is a state of mind that we all go through Nye said. It's when the mind and the body are completely relaxed and all thoughts have drifted away, such as when first waking or falling asleep. In this state, the mind is wide open for suggestions for improvement or to change a habit.

In a YWCA hypnosis workshop, Nye gave a brief history of hypnosis and cleared up some of the myths surrounding it. She said you will never do anything under hypnosis you don't want to do, and you can come out of hypnosis at any time.

Most of the workshop time was spent learning and practicing the skills of creating the state of hypnosis. Thirteen participants ranging in age from teens to 50 sprawled out on blue mats and followed Nye's mesmerizing instructions.

Opening and closing eyes, deep breathing and repeating the word 'green' were all part of the plan to reach a deeper state of relaxation. "As you think the word green you will feel 10 times more relaxed," she crooned. "You're going to feel so good when you wake up."

One interesting technique called

for students to imagine a black screen with yellow numbers. Nye told the class to imagine a number, then watch it be erased. All the techniques were a way of focusing a mind which normally has 650 words a minute racing through it, Nye said.

**"As you think the word  
'green' you will feel 10  
times more relaxed.  
You're going to feel so  
good when you wake up."**

Hypnotherapist Aubrey Nye  
explaining a self-hypnosis  
technique at a YWCA workshop

One suggestion had the class trying to lift their right arm which had two imaginary concrete blocks weighing it down. The left arm, however, was light as a feather and as participants tested each they plopped their arms down on the mats.

After the first session, Nye explained ways to tell if a hypnotic state was reached. In one suggestion the eyes were covered with a green clay that fed nutrients into the body and, as it dried, it pressed harder on the eyes so they wouldn't open. If one had a hard time getting ones eyes open or found it impossible, the desired state had been reached. Other clues were watery eyes, a flushed warm feeling, tingly limbs and a sense of heaviness.

Nye reassured the class there is no failure in hypnosis. Sometimes there may be a block to a suggestion because of a traumatic event in the past. For example, if you're trying to quit smoking, but as an adolescent smoking was a safety net against an abusive parent, you would have a hard time following

that suggestion. In these cases she suggested seeking a hypnotherapist.

When a person has reached a relaxed state they should plant a suggestion in their mind. One key to doing this was to keep it positive. To demonstrate this, Nye asked the class not to think about a purple elephant with big polka dots. As she repeated this the class laughed as they got the point.

Other keys to giving suggestions are to visualize, use present tense, and try only one thing at a time. Motivation and desire must be strong for success. "By having a strong feeling for that particular thing you want will help it go into your subconscious," Nye said.

Before the last hypnotic session Nye taught a technique to help the class enter the alpha (trance) state faster. He showed them how to direct their eyes up to an imaginary point in the center of

their forehead. With this action incorporated into the last session, the class again shared some relaxing moments as Nye circulated through the room leading the class in a calm, soothing, yet uplifting voice.

As the class came to a close and the lights were turned back on, participants had positive comments on their experience. Kimberly Willcoxson, a 39-year-old medical records keeper, said she took the class because her sister has been doing it for 15 years and really enjoys it. She said the class was wonderful and she had no trouble getting in the hypnotic state. "I'm real tired so I'm real susceptible," she said.

Michele Kadzor, 38, and a self-employed house cleaner, attended the class as a way of dealing with stress. She said it had been too cold in the class for her to become fully relaxed, but she thought she would be able to use the information at home to relax.

Ann Hieronymus, a 50-year-old programmer, had been interested in taking the class for several years and she said she enjoyed the experience and would continue it at home.

## Ron Larson's Column

from page 4

repeat itself? No one knows. But conditions in America certainly seem to mirror those that led to revolution in France.

It would be a mistake to blithely assume that because this is America we're somehow immune to internecine strife. Our history already proves otherwise. And the rise of hundreds of local militia groups could even portend a budding revolution. (U.S. News & World Report recently reported 858 identifiable militia and "patriot" groups, 380 of them armed, with all fifty states harboring contingents.) These militias may well augur the chaos to come.

As of this writing, the discontent in America has yet to reach critical mass, for most Americans still hope that change can come within the system. If that hope dies we will lack nothing but someone to strike the revolutionary spark. And we've plenty of flint and steel about.

## Virtual Classroom: Going to School in Your Bunny Slippers

by Linda Black

Imagine rolling out of bed, putting on the coffee and as you enjoy your first cup, go to class. No shower, no makeup, no getting dressed. Best yet, no trying to find a parking space. Welcome to the virtual classroom.

This scene isn't just a dream anymore; UNMC started on-line classrooms last semester in northeast Nebraska to teach nurses coming back to school for their baccalaureate degree.

Dr. Carol Pullen, assistant dean of rural nursing education at the College of Nursing, said one of the things that surprised her was the connection these students felt for each other. The students enrolled in the new virtual class had previously taken "distance learning" classes and had traveled great distances to attend. They were tired after such a long day, she said, and didn't take the time to get to know each other. With the Internet, they communicate on-line without a long distance phone bill.

UNO has experimented with the on-line classroom idea as well. The aviation department did a trial run this summer with a graduate class called "Case Research," said Brent Bowen, director of aviation institute. The summer class attracted eight graduate students, primarily in the master of public administration program with a minor in aviation. Bowen said the students seem to have understood the setup of the program and are communicating with each other through e-mail.

Other students are hesitant at the idea. Incoming UNO freshman Amy Noon said she didn't think she could stay motivated with a class on Internet.

Even though the method seems to be successful, motivation can be one of the problems Pullen said. "I think that we'll find that this method doesn't work as well for everyone. We know with self-paced things, some people don't have the self-discipline."

Stacy Sutton, a 1997 UNO graduate in biology and psychology said it would depend on what type of class was being offered on-line. She thought it would work well with classes requiring a lot of memorization and not a lot of small group discussions.

But Pullen said this method worked extremely well for group discussions. "We do asynchronous discus-

sions," she said. "This means that you set it up on the Internet as a discussion, but students can go in at any time and post a response. Faculty can go in at any time and post a response and so it doesn't mean you have to all be there at the same time for the discussion."

Pullen said students are much more reflective in these types of responses. "If you're going to commit something to writing that your class is going to read, you're more thoughtful with what you put into it."

So far the university has made the classes pretty plain, Pullen said. No audio or video clips have been used yet because they don't know if the student's computers are sophisticated enough to handle them.

A new case study course in the works may use video tapes to accompany the lectures. There has also been the development of a special section on commonly asked questions, Pullen said.

Computer competence wasn't required for the first class offered. "We had people who knew something about computers and people who barely knew how to turn them on," Pullen said. "We gave a real good orientation and gave them numbers of some members if they needed to call."

Pullen said the course instructor received all kinds of calls the first two weeks. She also had to be available in the evenings, because the students were told they could "go to class" at anytime. "Eventually we're going to have to say you need these competencies," Pullen said.

The first class taught was strictly a discussion group, with no tests. "We're working on that test piece right now and we hope that eventually it will be done that way," Pullen said. "What isn't in place yet, for us anyway, maybe they're doing it in other places, is test security."

"First of all, could you come into a computer to take the test? We know how to put it up there, but then if it's not proctored. Even if you're on your computer you could bring books in or you could go out of the test and back into the course or on the Internet. We just don't have those test issues worked out yet." For now the university will continue using proctors who will administer the test.

## Letters to the Editor

Dear Editor,

I'd like to thank everyone who responded to my letter about KBUL's radio equipment. Although strongly worded, my letter was meant to provoke a serious effort to look for that equipment.

(UNO's public radio station) KVNO was very helpful to (the old student-run station) KBLZ in the past.

I'd like to thank William Jenks for pointing out that I work for KIOS (an Omaha public radio station). It's precisely because of my radio experience at KBLZ that I now have a job in radio. I'd like future UNO broadcasting students to have the same opportunity as I did. Since

KVNO unfortunately can't offer hands-on experience for every UNO radio student, the training ground that a student station provides is vital.

As for the relationship between the student center and KBLZ, that is a matter of record. Again, my letter wasn't meant to throw around accusations. Since no one seemed to know the whereabouts of the equipment, I offered the information I'd heard about. My effort to avoid shoulder-shrugging and start a dialogue on the matter seems to have succeeded.

**Mike Hansen**  
former UNO student



## Peter Fonda Rides Again As Deeply Textured Ulee

review by Joel Stevens

In "Ulee's Gold" we watch Peter Fonda limp across the screen as soft-spoken bee keeper Ulee Jackson. His eyes are wrinkled and his hair is now graying — this Peter Fonda is clearly not the same Peter Fonda that wandered across the American psyche as Captain America in "Easy Rider" 30 years ago. This Peter Fonda is deeper, his talent more refined, and yet he is the same man that always seems to be looking for something.

Ulee is a bee keeper, like his father before him and his father before him. He lives the solitary life of a middle aged man — he lost his wife six years earlier — with his two granddaughters in northern Florida. He works his bees, cultivating tupelo honey, and cares for 10-year-old Penny (Vanessa Zima) and rebellious 15-year-old Casey (Jessica Biel) like they were his own. But there is something missing, like Ulee is afraid or in too much pain to totally feel for his grandchildren, to really get closes enough to them to show them he will always be there for them. Ulee is afraid they will follow the same path his son Jimmy (Tom Wood) and his wife Helen (Christine Dunford) did years back and break his heart again like they did his and his

she really loved him to if he really did enough for his family. Ulee is filled with pain and he can't quite see it. He knows he loves his family but he can't let go of his set in his ways stubbornness long enough to see his pain isn't regret but a loving bond with his family that he may not ever be able to do enough. Ulee's kind of decency harms himself as much as it helps his family stay together.

Fonda's performance is a deeply textured portrayal. If I were to compare it to one actor it would not be his father — yes, the resemblance in the strong, feeling eyes and soft-spoken, yet powerful demeanor is uncanny to his father Henry Fonda. Fonda's minimalist mannerisms most resemble that of Clint Eastwood with any kind of deliberateness in his performance (not Dirty Harry). We see Ulee for the man he is: quiet and pained by loss, a man who ultimately figures out who he is only after nearly dying and losing the closeness of his family. We see his pain and feel his hurt, his loss, but he never has to say it. He doesn't have to beat it over our head that Ulee is in pain for us to see it is his family, trying to hold it together, that is his pain. A lot of Fonda's performance in

"Ulee's Gold" is in the eyes, the eyes that long and reveal deep pain and heartfelt sorrow. Perhaps it's Fonda acting that allows such resonance, but I suspect, deep down, it's a son finally realizing the talent his father hoped for and the son longed to show him.

After decades of poor choices in his film roles (who can forget "Spasms" and "Mercenary Fighters") and rumored excessive drug use, Fonda gives a "break out" performance of sorts as Ulysses Jackson. He is a calm and quiet man, soft-spoken and mild mannered. Richardson compliments Fonda nicely as the would-be love interest to Ulee, aptly named Connie Hope.

Independent filmmaker Victor Nunez wrote and directed this intimate portrait of Ulee Jackson as one in which the bee keeper is a metaphor. Ulee lived his life like a worker bee drone, from one stack to the next, like a cycle, not deviating enough to realize anything in not just his family but in himself had changed. Only after Ulee is forced to change and really, truly *feel* do we see how brilliant Nunez's film is. Nunez has sculpted a compelling story before in Ashley Judd's 1993 debut, "Ruby in Paradise," but none as compelling as his main character and never a performance as enthralling as Peter Fonda in "Ulee's Gold."

As the film ends, and the camera holds on a marshy, muddy piece of Florida swamp and Van Morrison's soulful 1977 ballad "Tupelo Honey" sways across the soundtrack we realize Ulee's gold isn't the rich tupelo honey he mines from hard work and patient cultivation of his hives. Ulee's gold is his family and the love he shares for them.

wife's. Jimmy is in prison for a botched armored car robbery and Helen is perpetually strung out (Ulee took custody of their children).

When Ulee is contacted by Jimmy to help Helen, he is at first hesitant (as he says "I couldn't care less and you know it.") to go and take her away from Jimmy's sleazy former cohorts (who somehow managed to escape capture), Eddie Flowers (Steven Flynn) and Ferris Dooley (Dewey Weber) in Orlando. Eventually, Ulee does decide to go and get Helen — she is strung out and psychotic — and bring her home. Penny and Casey watch in horror, not even they can believe *she* is their mother. Ulee fights to keep their problems "in the family." Their problems are their own even after a friendly nurse (Patricia Richardson of TV's "Home Improvement") lends a helping hand to get Helen situated and calmed.

Throughout this crisis, this violation to Ulee's order, we get to know this man. He *seems* to be content to live his life a lonely man, a bee keeper with no real life beyond his family and his bees. Ulee grieves the loss of his wife six years earlier, longing to know if she ever was happy, regretting everything from if she had everything she wanted to if

## Cleasby and McFoster's Brings Back Memories of Peace-Ins, Protests and Music's Power

review by Tamra Willett-Johnson

A gentle breeze caressed the mellow audience. Sated from dinners of tofu, brown rice and beans, they sat quietly and listened to songs about war, freedom, and love. San Francisco, 1976? Nope, Omaha, 1997.

The setting: Saturday night at McFoster's Natural Foods Restaurant. The music: courtesy of guitarists Dennis Cleasby, Rocky Kickland, and a bass player called Bruce.

Cleasby, who received his bachelor's degree in fine arts from UNO and was photo editor of the Gateway back in 1979, was the leader of the merry band. Kickland, an old friend of Cleasby's, came down from South Dakota to perform with him and apparently Bruce came along for the ride.

The time-warped feeling was increased by the make-up of the audience. There were deadheads, some folks who looked like they had been rode hard and put up wet, and people who radiated vibes of clean living wearing sandals and natural fiber clothing.

With daily life measured by e-mail, faxes, rush hour, work-outs and business meetings and amusements mostly solitary—videos, computers, TVs—it is easy to forget the fight goes on. People are still hungry, creativity still stifled, wars still waged, and mother earth still abused. Cleasby's songs gently tell us the struggle continues.

Sounds are remarkable for their ability to prod our memory. A tune can propel us back to camp, high school, first prom. Saturday night, Cleasby and his band evoked the time of great social upheaval in the US, when there was power to the people and we could imagine a better world.

With tender guitar chords and softly woven lyrics, Cleasby reminds us the battle goes on under our noses and that we can once again make a difference should we deign to break through the bonds of modern life.

Cleasby's songs spoke of another time when music could change a nation, stop a war, and increase awareness. "It's Your World" tells of the joy found in teaching and in another song, Cleasby sang of love and devotion. Yet another song, Cleasby informed the audience, was composed for a legalization of marijuana rally.

The expert guitar playing lent a folksy air to the songs. The six string acoustic, played with acrobatic flair by Kickland, was leavened by sweet bass tones from Bruce. Cleasby, Kickland and Bruce blended their voices in harmonies reminiscent of Crosby, Stills, and Nash. Sipping on kiwi peach iced tea, it was difficult not to feel taken back to the more innocent and powerful days of the sixties.

Cleasby, who now lives in Long Island, has recorded three albums for the Cathedral

Art Gallery Records label. He also is a youth advisor and photographer. His photographs, most with a nature theme, will grace the walls of McFoster's for another week. Cleasby's many performance venues include the Alliance for Peaceful Alternatives, Nebraskans for Peace, and International Human Rights Day.

McFoster's Natural Foods provided a most appropriate setting for the Cleasby's music. Housed in an old gas station, the restaurant

*It is easy to forget the fight goes on. People are still hungry, creativity still stifled, wars still waged, and mother earth still abused. Cleasby's songs gently tell us the struggle continues.*

serves organic wholesome foods—no red meat, nasty preservatives, or artery clogging fats.

Mention natural foods to most people and thoughts of gummy tofu and tasteless rice will come to mind. McFoster's thoroughly disproves that idea. Their dishes are imaginative, tasty and provide the extra bonus of giving a sense of self satisfaction—sorta like the boost you get after doing that extra mile at the gym. Not only do you leave the table well fed, you also feel you did something good for your body.

Far from being bland, the food contains surprising flavors. The avocado sandwich has a thin spread of salsa that adds a jolt of spice. The rice and spicy beans, served with flat bread, fills the stomach with warmth—a natural comfort food. For dessert, the Celestial Banana (caramelized bananas, with strawberries and a cheesy dip) adds just the right amount of sweetness to wrap up the meal.

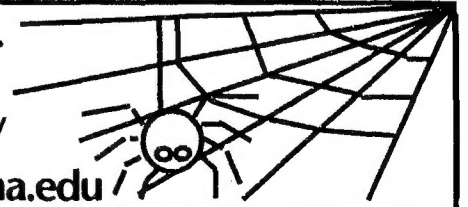
The presentation of the dishes adds to the delight of dining. The plates are well balanced and color is furnished by latticed carrot slices, grated greens and champagne grapes.

Service is excellent. Even though it was a very hectic Saturday night, our server maintained her humor, grace and efficiency. Everyone was friendly and knowledgeable about the food and its preparation. This bolsters the theory that those who eat naturally are kind, mellow, and friendly—which it's hard to be when dyes, sugars, fats and chemicals are staking claims throughout the digestive track.

The chicken is free-range, the bread whole grain, the teas without caffeine, and even the catsup is organic. Those desiring alcohol and caffeine can still enjoy their meal as McFoster's provides a well-stocked bar, sodas, and coffee.

Those interested in ordering Cleasby's music can contact Cathedral Art Gallery Records at (516) 628-1815. McFoster's Natural Kind Cafe is located at 302 S. 38th St.

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# Religious Organizations Offer Spiritual Tutoring To Interested Students on Campus

by Linda Black

Some students at UNO may find that college classes are enough reason to discover their religious side. They are not alone.

Duane Abbott, currently working on his master's degree in English, said he finds spirituality through walking meditation. "I always find I do my best thinking when I walk."

Jennifer Dimartino, a fashion merchandising major, reads the Bible and prays to reach her spiritual side.

One alternative to this inward journey may be one of the three religious student organizations registered at UNO's Student Organizations and Leadership Development (S.O.L.D.) office: Zeta Chi, Chapter Summary Bible Study, and United Christian Ministries. These may help some students find fellowship and a deeper meaning in their lives.

Zeta Chi is open to all denominations, said Ian Barnes, past president of the organization. Zeta Chi, which means "life in Christ," sprang out of the youth organization at Christ Community Church and meets regularly in the Milo Bail Student Center.

The members are encouraged to participate in a wide range of student organizations from student programming to student government. "We want to get involved because we feel that's the way we're going to win people for Jesus," Barnes said.

The group models their activities on Jesus' life as portrayed in the Bible. "It states in the Bible, Jesus didn't just hang out at the church. He went to the centers because he said it's the sick who need the doctor, not the healthy," Barnes said. "That's what we're here for to provide a way for people who want to get to know Jesus. We can share that with them."

This past year has been one of the most successful for the group according to Barnes. Last October around 150 people attended a free concert with three Christian bands organized by the group. "We felt that was really cool for us and kind of got Zeta Chi going again," Barnes said.

Last spring the organization won the spirit cup award for being the most involved in the March madness week.

Brenda Ebisch, secretary of the organization said it's a way for students to get involved in a Christ-centered organization while doing activities similar to other Greek organizations.

UNO's Chapter Summary Bible Study group is a more

serious group. Brian Villafuerte, the student leader, said they study a chapter of the Bible a week and then the members summarize what they have read during their meeting in the Milo Bail Student Center. An outside speaker talks for about 20 minutes and then answers questions.

"We believe the Gospel of Jesus Christ must go forth on the campus of UNO," Villafuerte said. "We evangelize and also we're an active prayer group."

If the group had a mission statement, it would be from the Gospel of John, chapter three, verse three." Villafuerte said. "That verse talks about Jesus Christ saying you must be born again, you must have your sins forgiven through Him to receive eternal life."

Senior history major Shawn Rasmussen said the group has helped him know and follow the Lord better.

The United Christian Ministries tries to have an open atmosphere, said pastor and advisor Phil Owen. "We try to recognize the individual's needs and ability to look at life's questions rather than feeding any kind of answers. So it's a pretty open search for things and we usually end up on the liberal end of the scale within the Christian tradition."

The group is supported by United Methodist, Presbyterian, United Church of Christ and Christian Church Disciples of Christ.

The group offers a Christian atmosphere in which to enjoy videos and talk, Owen said. They also plan an annual service project with the UNL ministry to provide students with an alternative activity to spring break. Last year the group helped the homeless in Atlanta, and next spring they will go somewhere in the Appalachian region to build homes.

## For more information on these organizations call:

\*Zeta Chi—330-3360

\*Chapter Summary Bible Study—399-8191

\*United Christian Ministries—558-6737

# Abstract View Comes Into Focus

review by Tamra Willett-Johnson

I always feel stupid when looking at abstract art. I think the artist, the collectors, and the museum know something I don't. Why else would they spend time and money on what looks to my untrained eye to be a bunch of canvases my cat could paint?

Such was the dilemma facing me as I toured the new exhibit at the Joslyn Museum. Painted by John McLaughlin (1898-1976), the works show rectangles of black, white with the occasional red and yellow. On our first pass through the gallery, my husband and I joked that they looked like ping-pong tables, or tennis courts, and when faced with three large totally white canvases we thought perhaps McLaughlin had pulled a fast one on the public. This is art?

Since I trust the museum and am aware of my ignorance, I slowly went through the gallery again. I retraced my steps, this time reading carefully the signs describing the artist and what he intended to portray with these angular shapes.

McLaughlin was born in Boston and exposed to Japanese and Chinese Art at the nearby Museum of Fine Art. The Asian culture intrigued him to the point he became a language officer during World War II, working at Pearl Harbor, and later with the citizens at the Manzanar internment camp in California.

McLaughlin was particularly interested in the work of Japanese painter and Buddhist priest, Sesshu. Sesshu was a follower of Zen, a form of Buddhism, and believed freedom of mind cannot be attained by practice, but must come through direct and immediate insight. Sesshu's art was a dramatic departure from the formality of the Ming dynasty. His work was of simple, abstract patterns and emphasized the meditative qualities found in the white spaces of the canvas — the voids.

see ABSTRACT, page 8

# Your Bass-ic Underground Primer

review by Ben Thompson

"Sounds Of The Underground" brings you Primus for the week of July 22.

## A Bass-ic Legend

The bass guitar, in an average band, does nothing more than keep a beat, rarely going above and beyond and never enough to base a song on. Then a pioneer comes along, like the Minutemen's Mike Watt or the Red Hot Chili Peppers' Flea, reinventing the instrument, sending loads of young people to guitar stores to get lessons. From the same school of bass as Watt and Flea comes maybe the most popular and probably the most inventive bass player ever heard, a man named Les Claypool.

Claypool and his band of funky experimentalists, released "The Brown Album" last Tuesday. "The Brown Album" doesn't stray much from the Primus formula of heavy, funky bass, squealing sonic guitar and a terrific drum beat. Between the release of Primus' last album "Tales From The Punchbowl" and "The Brown Album," Claypool got married and had a baby. For many musicians, family can soften their image and take their music with it. Claypool was able to avoid this trap, keeping himself in his own zone and leaving all bass impostors to write their names in his dust.

Primus' albums generally give a great first impression with the first song, and "The Brown Album" again passes with flying colors. "The Return Of Sathington Willoughby" is kind of an inspirational song, taking quotes from former President Franklin Delano Roosevelt, and other thought provoking phrases. Claypool inserts a genuine funky bass line in-between verses, and a simple one note bass line during verses.

"Fisticuffs" follows suit with another a bass line that continues to run through my head hours after listening to the album. When the guitars and drums get added to "Fisticuffs," it's not hard to be taken away to a boat at sea in the midst of a wild storm. The lyrics point to a fighter in the mid 1800s who died during a fight in his prison cell.

The riff in "Golden Boy" is similar to a typical Chili Peppers riff but made a little heavier and a touch funkier. "Over

The Falls" begins like a kind of country swamp song, and never really loses that presence.

The first single off "The Brown Album" is "Shake Hands With Beef." It's no "Winona's Big Brown Beaver" (from "Tales From The Punchbowl"), but is still catchier than the flu in an infirmary ward in the middle of cold season.

The first shock for me came while laying on my bed listening to "The Brown Album" for the first time, when "Camelback Cinema" started, I had to make sure the right CD was in my player. The drum intro has a small part that sounds way too much like the drums in Pearl Jam's "Last Exit." By the time Claypool and guitarist Larry LaLonde kick in the feeling is gone and the song takes full force.

The sound of ice being dropped into glasses opens "Bob's Party Time Lounge." Then Claypool sings "Glad you came, glad you're here" to the tone of the "Ricolah" commercial. The song's about one heck of a wild party, getting totally trashed on alcohol and cocaine and having as much fun as humanly possible.

"Restin' Bones" also begins with a familiar drum beat, but I can't quite put my finger on it. Claypool sings about smoking with a "worried man" on the street, then hearing the man's story about all the things he went through that now makes him rest his bones.

A metal riff opens "Coddington" and continues through Claypool's higher-pitched vocals. "Arnie" is the last song, and again the drum beat is oh-so familiar. After the long intro, Claypool speaks of a man who dazzles an audience by squirting lighter fluid on his head, then lighting himself on fire, and telling the crowd to "Remember this day." Remembering that story may be tough, but remembering the album won't be. Primus is rarely a let down and "The Brown Album" is a dedicated winner.

But if this wasn't enough about Primus for you, I'll have a little more on them, Neil Young, Morphine, Toad the Wet Sprocket, Sky Cries Mary and more from the H.O.R.D.E. tour in next week.

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Fund A refund forms for the summer semester are available in the administrative offices of the Milo Bail Student Center

**July 28**  
through  
**August 1**

# Abstract View in Focus

## from page 7

One plaque in the exhibit says McLaughlin's primary objective was to provide a visual catalyst for contemplation and reflection. He also believed the empty space between objects is often of greater significance than the objects themselves.

Walking before the paintings, I began to focus not on the lines, rectangles and colors; instead I looked at the voids — the whites and the spaces. I noticed the works are numbered or untitled. My husband, who had stopped comparing the paintings to dry wall, said that maybe this was intended to give the viewer the chance to make their own creation, to call the piece anything they want.

Once I learned about McLaughlin and his

Other families moved quickly through the gallery, many commenting they could paint better, proclaiming this wasn't art, and trying to smother their laughter. The three blank canvases in particular received much scoffing attention.

I wonder if we are too used to having entertainment spoon-fed to us via TV, computers, fast-paced movies and such to be comfortable taking time to just look. McLaughlin's work doesn't shout what it is about. The viewer needs to commit time and energy to find their own meaning. If I hadn't been assigned to cover this show, I more than likely would've given the paintings a scant glance before moving on. Instead, knowing

deadline was fast approaching and hating feeling stupid, I read, looked and sat.

The last plaque in the exhibit quotes McLaughlin; "I've gone to considerable pains to eliminate from my work any trace of my own identity with the view to making the ob-

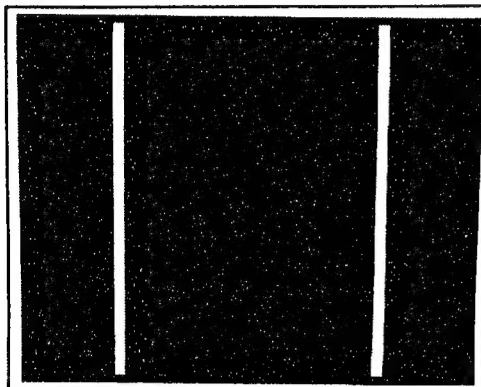
server the subject of the painting." Instead of

letting art tell us what we are seeing, (I'm a haystack! I'm water lilies!) maybe we need to do our own interpretation. Maybe the picture isn't complete unless we are in it also. Maybe McLaughlin was more interested in the viewer learning about themselves, than in learning what he had to say.

As the Tao Te Ching says:

Empty yourself of everything.  
Let the mind become still.  
The ten thousand things rise and fall while the Self watches their return.  
They grow and flourish and then return to the source.

Give yourself some time to be still and flourish by viewing McLaughlin's work. The exhibit at the Joslyn runs through Aug. 31. Admission is free Saturday from 10 to noon.



*This oil painting by John McLaughlin, "#10 - 1965," is part of a collection of McLaughlin's work on display at Joslyn Art Museum through Aug. 31.*

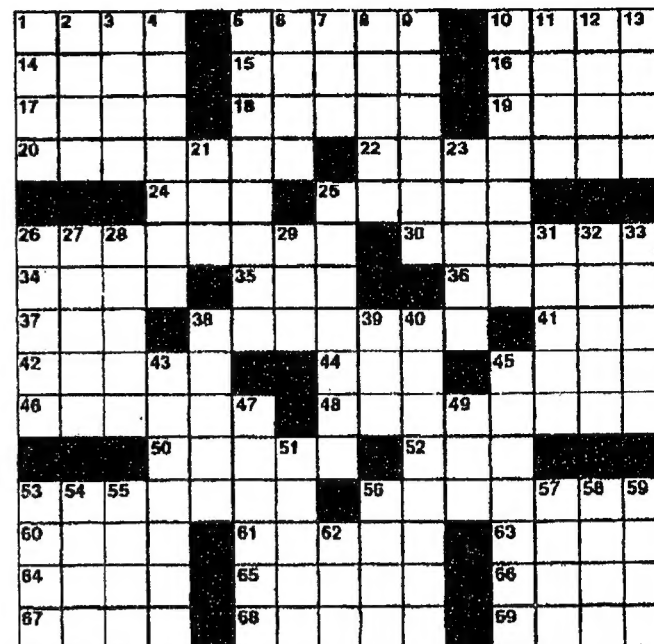
interest in Zen, the paintings began to make more sense. Zen cannot be explained, only experienced. I remembered the time I went to a Japanese garden. Once I got over my judgmental thoughts ("Hey, where are the flowers? You call this a garden?"), I was able to let my eyes rest on the raked sand and the rocks. The shapes reminded me of surf pounding against Zuma Beach. I relaxed and enjoyed.

Sitting in the Joslyn, I stopped my left brain and began to just look. One of the pieces caught my eye — a large black rectangle with two white lines vertically dividing the canvas (#10-1965). I thought of prison bars and that time I was in basic training and looking out at the drill sergeants laughing and envying the hell out of them. I thought of how even when all looks black and bleak, some lightness is possible. I thought some more and then I just sat.

## Kelly's Crossword Puzzle

### ACROSS

- 1 Cut with a dagger
- 5 Out of order
- 10 Rim
- 14 — Major or Minor
- 15 Burdened
- 18 Ooze through
- 17 South African
- 18 Angry
- 19 Poker stake
- 20 Young actress
- 22 Enticed
- 24 Electrified particle
- 25 Hurtful places
- 26 Scalawag
- 30 Russian plain
- 34 Finished & done
- 35 Nervous twitch
- 36 Decorate
- 37 Stitch
- 38 Handful
- 41 Bit of turf
- 42 Upright
- 44 Just a bit
- 45 Hereditary factor
- 46 Inlet
- 48 Gave approval
- 50 Cattleman's mark
- 52 Bank account initials
- 53 Card game
- 56 Perfumed
- 60 Consumer
- 61 Leg bone
- 63 Greek letter
- 64 Ceremony
- 65 Happening
- 66 Frog
- 67 Endure
- 68 Deep
- 69 Building additions



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### DOWN

- 1 Sandwiches
- 2 Jog
- 3 Sailing
- 4 Obstacle
- 5 Draw away from
- 6 Store
- 7 Asian mountain
- 8 Little fight
- 9 Jibes
- 10 Passed by
- 11 Fender mishap
- 12 Door
- 13 Pieced out
- 21 Fireplace fuel
- 23 Iron or tin
- 25 Separated from
- 26 Lovely blooms
- 27 Turn inside out
- 28 More modern
- 29 Roman 504
- 31 Sits for an artist
- 32 Lying down
- 33 Concluded
- 38 Bustles about
- 39 Raced
- 40 Give up a throne
- 43 Music hall
- 45 Stone
- 47 Made lace
- 49 Unrefined metal
- 51 Unsophisticated
- 53 Ringle
- 54 Continent
- 55 Seines
- 56 Transgressions
- 57 Implement
- 58 And others: Lat. abbr.
- 59 Fathers
- 62 Mr. Franklin

Answers on page 3

## CLASSIFIED ADS

### NOTICES

Advertising will be rejected that discriminates based on age, race, color, national origin, religion, sex, disability, marital status or sexual orientation.

### LOST & FOUND

FOR ITEMS LOST AT UNO, Contact Campus Security, AB 100, 554-2648. Turned-in items can be claimed by a description and proper identification.

Advertising for items lost or found on the UNO campus will be published free in the Gateway for two weeks. Forms are available at the Gateway Office located in Milo Hall 1st Floor.

### PERSONALS

You had unprotected intercourse... Fortunately, EMERGENCY CONTRACEPTIVE PILLS may prevent a pregnancy from occurring, when taken within 72 hours after unprotected intercourse. Prescriptions & pills available at Planned Parenthood, 1-800-230-PLAN. Four locations in Omaha, one in Council Bluffs.

Place a Classified Ad! Call Kelly or Carol at the Gateway 554-2470.

### Unplanned Pregnancy?

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No fee. Adoption available  
Catholic Charities, Omaha  
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DO YOU LIKE CAPPUCCINO?  
One of Omaha's finest coffeehouses is looking for pt help. Flexible with hours around your class schedule. If you're looking for a great pt job that's close to UNO, call Pat at 397-0918.

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needs waitstaff at 1850 S. 72nd St.  
Apply after 2:00 p.m.

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Only two more issues for the summer edition. Place your classifieds today!

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NEED A STUDENT COMPUTER TUTOR for Microsoft words. Hours, wages negotiable, very flexible. Call 592-0044. Leave name, phone number, convenient time to call back.

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4930 "L" Street, Omaha (Easy Access from I-80)

7 3 4 - 7 5 0 0

## UNO INFORMATION PHONES



- Campus Security
- Faculty & Staff locations
- Campus phone numbers
- General information

For your safety and convenience there is at least one **CAMPUS PHONE** in each major building.

\* The information operator is ready to assist you.

You can also stop by the information window in Eppley Administration Building for information, free notary services, schedules, brochures, etc.

Campus Security can be reached at **x4-2648** from all campus phones.

You can also call 911 or Campus Security at (554-2648 or 554-2911) from 33 campus pay phones **FREE**.